

## Mental Health Research Canada welcomes five new members to its Board of Directors

TORONTO, ON –Mental Health Research Canada’s Board of Directors have appointed a slate of five new members to serve on the Board: Mark Allen, Dr. Lina Di Genova, Daphne Hutt-MacLeod, Monika Mielnik and Marianne Nguyen.

The new members cover a wide-range of sectors, reside in three provinces, and bring value in both experience and expertise.

- **Mark Allen** is a senior portfolio manager at a leading Canadian bank, where he and his team provide investment management services for individuals, trusts, and corporations. Mark has worked with corporate and private clients for over 20 years.

*“I am delighted to be joining the Board at an exciting time of MHRC’s growth as a national, charitable organization.”*

- **Dr. Lina Di Genova** is the director of strategy, assessment and evaluation in student services at McGill University. She is a licensed industrial/organizational psychologist and accredited change management practitioner with over twenty years’ experience of translating data into action to promote the wellbeing of individuals and organizations.

*“I am honored and humbled to be joining the Mental Health Research Canada’s Board of Directors and am looking forward to promoting positive mental health for all Canadians.”*

- **Daphne Hutt-MacLeod** is the IWK Health Centre’s director of integrated youth services-Nova Scotia. She is a psychologist who joined the IWK following three decades of working in First Nation schools, health care and First Nation community administration.

*“I am thrilled to be joining the Mental Health Research Canada Board at such a pivotal and crucial time in the Canadian mental health landscape. I look forward to working collaboratively and innovatively with youth, their families/carers, researchers, policy makers and service providers to support research initiatives that will guide, inform and validate best practices.”*

- **Monika Mielnik** is director of diversity, equity, inclusion and mental health and well-being at Bell. An experienced senior human resources professional who has worked at Bell for over 15 years, Monika has managed complex strategic programs under the Bell Let’s Talk Workplace Health pillar and Bell’s diversity, equity and inclusion strategy.

*“I am honoured to be joining the MHRC Board alongside renowned subject matter experts and industry leaders. MHRC’s work is very meaningful to me, and I am eager to make a contribution in this field. I consider it a privilege to support their mission of advancing mental health*

*knowledge to improve the lives of Canadians.”*

- **Marianne Nguyen** is director of government and regulatory affairs at Sun Life Financial. She leads government relations and advocacy efforts to increase Canadians’ access to mental health supports and to empower employers to create psychologically safe and healthy workplaces.

*“As a person with lived experience and a strong interest in mental health research and issues, I am thrilled to serve on a board that is dedicated to improving the lives of all Canadians by advancing mental health knowledge.”*

The mission of the Board is to support MHRC’s efforts in the advancement of new and existing health knowledge to improve the lives of Canadians living with mental illness. The Board meets four times a year, where they discuss MHRC affairs and provide oversight, effective governance decisions, guide strategy, ensure financial responsibility and volunteer for committees.

Please join us in giving a warm welcome to our new Board members! We look forward to working together to advance our vision of a Canada with the best mental health for all.

For more on the MHRC Board of Directors, visit [www.mhrc.ca/board-of-directors](http://www.mhrc.ca/board-of-directors)