

ANNOUNCEMENT

Increasing diversity, gender, geographical representation key to growth of board and Mental Health Research Canada

TORONTO, December 18, 2018 – Mental Health Research Canada (MHRC), launched April 1, 2018, welcomed three new members at its latest board meeting as part of its ongoing commitment to grow its board to better serve all Canadians.

“MHRC is a stakeholder-driven mental research organization, and we view our biggest stakeholder as being the one in five Canadians who are living with mental health. So we want our board to reflect our stakeholders, and that includes having board members with wide experience,” explains John Trainor, Chair of MHRC, the only charity in Canada that exclusively funds mental health research.

From Nova Scotia is **Katie Aubrecht**, Assistant Professor in the Department of Sociology and Canada Research Chair in Health Equity and Social Justice at St. Francis Xavier University. Dr. Aubrecht is researching the mental health and wellness of diverse populations living in rural communities, mostly in Atlantic Canada, with the goal of enhancing the mental health care of these populations.

From Newfoundland is **Lisa Browne**, Chief Executive Officer of Stella’s Circle. Ms. Browne, named one of the Top 50 CEOs in Atlantic Canada in 2017 and 2018, steers a community organization that transforms lives. Stella’s Circle offers housing, counselling and employment services to adults to overcome barriers such as mental health, addiction, poverty and low literacy to help them reintegrate and participate in their communities.

From Saskatchewan is **Caroline Tait**, Professor in the Department of Psychiatry, University of Saskatchewan. Dr. Tait is a medical anthropologist who studies Indigenous health and social justice, and the challenges faced by marginalized women. Her innovative Indigenous Mentorship Network Program will recruit and retain Indigenous students through respectful outreach.

MHRC’s Board of Directors (2018-2019)

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