

## AT A GLANCE...



### Who We Are

- A national charity dedicated to improving the lives of Canadians living with mental illness, their families and caregivers, by advancing impact-focused mental health research.

### Our Vision

- A Canada with the best mental health for all.

### Our Mission

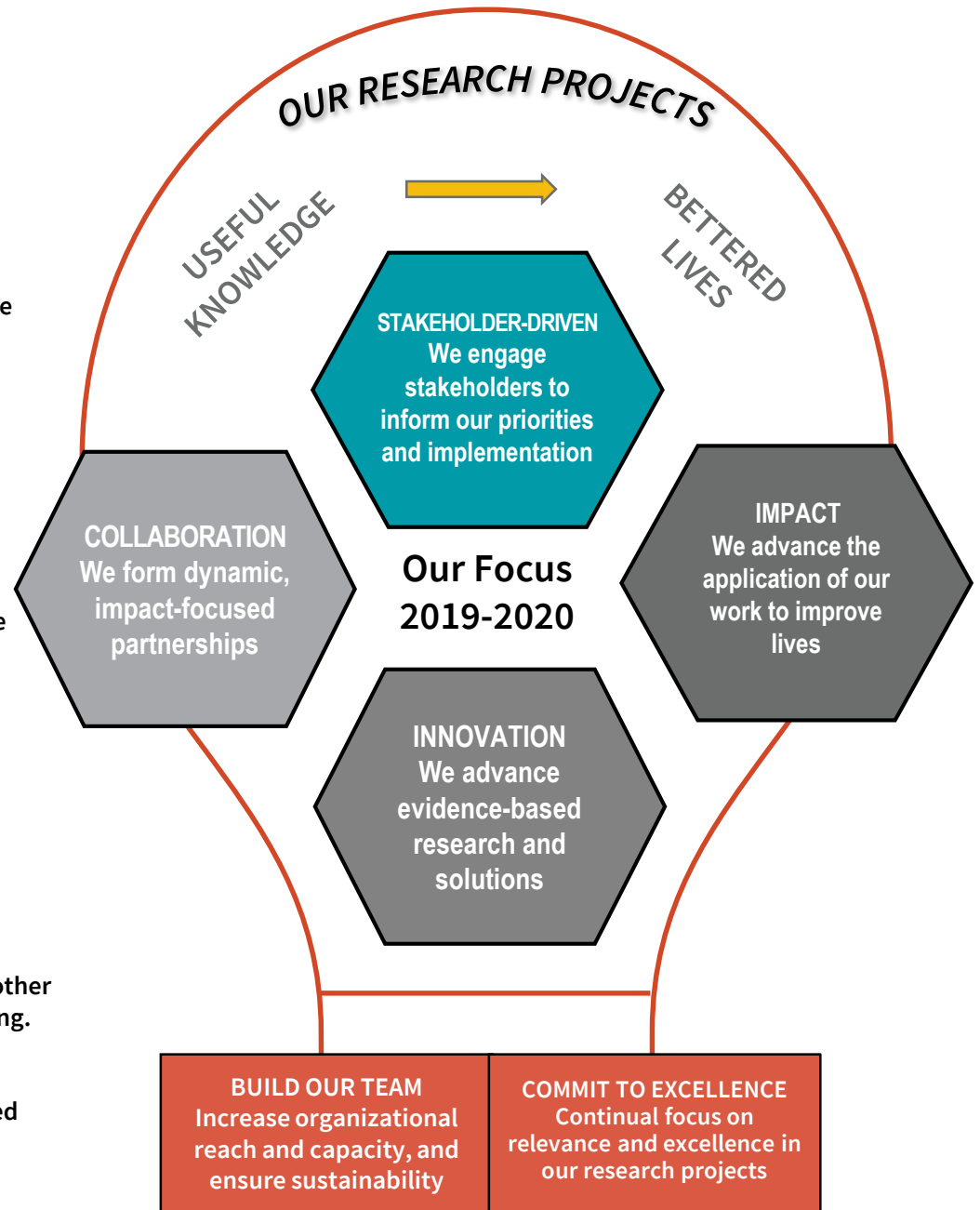
- To improve mental health in Canada by building collaborative partnerships to advance innovative, stakeholder-driven research.

### What We Do

- Engage stakeholders to understand community priorities.
- Use these priorities to support innovative research with practical application.
- Manage the entire research process, from shaping the call to sharing the outcomes.

### We Will Be Successful By

- Engaging people with lived experience and other stakeholders in our work and decision-making.
- Forming collaborative, impact-focused partnerships.
- Securing funding partners for evidence-based research and projects.
- Identifying and helping to scale innovative projects and solutions.
- Ensuring our work is accessible for practical application.



Our world. Made better. Through mental health research.